



The Yoga Barn
An Epicenter for Self-Discovery & Transformation.

It's the role of team on the ground to uplift the hearts of our global guests and maintain a **safe space** for students to experience their own personal shift – guiding them to heal, adjust old paradigms and reorient modern lifestyles on more spiritual and sustainable paths, as they see fit.

STUDIO GUIDELINES & ETIQUETTE

1. NO CAMERAS or CELLPHONES IN CLASS

Please turn off your phones, at minimum please silence them.

2. NO PHOTOS or VIDEOS ALLOWED

From cell phone or camera (exceptions made at the discretion of the teacher).

3. CONSENT TO TOUCH / ADJUSTMENTS

Please use the 2-sided consent cards to indicate whether or not you consent to touch/adjustment or inform your teacher.

4. BE ON TIME

Come 15 minutes before class and settle into the room quietly.

Class entrance closes 5 minutes after the scheduled start time.

Exceptions may apply.

5. FOR DAILY CLASSES, CHILDREN UNDER THE AGE OF 10 ARE NOT PERMITTED TO JOIN CLASSES.

There are NO EXCEPTIONS to this rule. Children ages 10-15 must be accompanied by a parent/guardian or sibling that is over 18.

6. ANY INJURIES?

Please let the teacher know if you have injuries or it's your first time.

7. RESPECT THE TEACHER & YOUR NEIGHBOR

Please make room, some people might come in late.

8. REDUCE THE CLUTTER & OBSERVE SILENCE

Put bags either in the back of the room or in the cabinets.

9. EXITING EARLY?

Anyone who wants to leave early, please do so quietly before Savasana.



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IMPORTANT NOTICE: LIABILITY & ASSUMPTION OF RISK

Please read this summary carefully. Your presence and participation in any activity at The Yoga Barn confirm your acceptance of these terms.

1. ASSUMPTION OF RISK

By attending any class, workshop, or event, you voluntarily acknowledge and assume the inherent risks associated with physical exercise. This includes the potential for personal injury, property loss, or, in rare cases, death. You participate with full knowledge and acceptance of these risks.

2. WAIVER OF LIABILITY

You agree to fully waive and release all claims, and will not sue or make any claims whatsoever against The Yoga Barn, its owners, staff, or members for any personal injury, property damage/loss, or wrongful death.

This waiver applies to all incidents occurring within The Yoga Barn property, regardless of the cause, including negligence.

3. PERSONAL BELONGINGS

The Yoga Barn, its staff, and owners are not responsible for the security, safekeeping, or loss of your personal belongings while you are on the premises. Please ensure your valuables are secure at all times.